



Week 3

DISCUSSION GUIDE

Introduction:

We all have relationships. Some of our relationships are exactly what we want & need them to be, but if we're honest, most of our relationships could be better: healthier, more supportive, or even just a little easier. Today, we continue a four-week conversation on relationships. We're not going to try to fix each other, we're just going to be honest about where we are, where we'd like to be, and what it might look like to take a step in that direction.

Scripture:

1 John 4:7-8 - "Dear friends, let us continue to love one another, for love comes from God. Anyone who loves is a child of God and knows God. But anyone who does not love does not know God, for God is love."

For More, Read & Discuss 1 John 4:7-21

Discussion Questions:

1. When we talk about relationships, we often talk about "loving people well." In your opinion, what are the characteristics of a relationship in which someone is being "loved well?"
2. Who in your life loves you really well?
 - How do they do that?
3. A relationship is a two-way street, with each person having a responsibility to both give and take. What role do you play in being loved well?
4. Who in your life do you love really well?
 - What does that look like?
5. When you go into a relationship with the goal of loving well, who are you looking to as an example? Who taught you to love well?
6. Why is it sometimes easier to love than to be loved?

Take the Next Step:

Think of someone you could reach out to this week or show up for. Is there a way that you need to ask for help or to make yourself vulnerable so that someone else can love you well?