

UNSHAKE ABLE

WEEK 3

DISCUSSION GUIDE

Introduction:

Who hasn't experienced doubt or lacked faith at some point in their life? This series is not about being perfect or never experiencing a negative emotion. The question we are asking is: "How can we have a faith that is based less on the people and circumstances around us and more on the person of Jesus?" There is no such thing as an unshakable faith, but often, the circumstances that shake us are actually meant to make us stronger, and comparing our experiences to those of the people around us can do more harm than good.

Scripture:

Matthew 14:29-30 - "So Peter went over the side of the boat and walked on the water toward Jesus. But when he saw the strong wind and the waves, he was terrified and began to sink. 'Save me, Lord!' he shouted."

For More, Read & Discuss Psalm 73

Discussion Questions:

1. When do you find yourself comparing your life to the lives of other people?
2. The opportunity for comparison is constant and pervasive in our society; often, we can even find ourselves striving to make our lives match up with an ideal that is constantly changing. What reference points have you aimed your life at in the past that turned out to be empty or shifting?
3. If we want to know how well we are doing in life, the only helpful comparison we can make is to Jesus, but we don't always allow his influence to be the loudest voice in our life. We have an example in Peter of what life can look like when we take our eyes off of Jesus and focus on the events around us.
 - How do you keep your eyes focused on Jesus throughout your week?

Take the Next Step:

We often tempted to emulate the people around us who seem to be achieving the most success. Although we may get a glimpse of their physical lives, we have no idea what is happening in their hearts. How can you take a step this week to run *your* race, to fix your eyes on the only person worthy of comparison: Jesus?