

Introduction:

What was the last decision you made? Maybe it was what to eat, where to sit, or who to talk to. So many of our decisions seem small and inconsequential, but sometimes small decisions make all the difference. What was the last decision that changed your life? Where did that decision start: with a cup of coffee, a long walk, or did you even think it over? In this series, we will be talking about 7 words that can change your life. Today, that word is 'enough.'

Scripture:

Genesis 25:29-34 - "Once when Jacob was cooking some stew, Esau came in from the open country, famished. He said to Jacob, 'Quick, let me have some of that red stew! I'm famished!' (That is why he was also called Edom.) Jacob replied, 'First sell me your birthright.' 'Look, I am about to die,' Esau said. 'What good is the birthright to me?' But Jacob said, 'Swear to me first.' So he swore an oath to him, selling his birthright to Jacob. Then Jacob gave Esau some bread and some lentil stew. He ate and drank, and then got up and left. So Esau despised his birthright."

For More, Read & Discuss Genesis 25:19-34

Discussion Questions:

1. What's the best financial decision you ever made?
2. We probably all have stories like Esau's, when our desires in a single moment won out over the dream we had for our future. When you find yourself making an impulsive decision to sacrifice the future for the thrill of right now, what's your motivation? Why do we do it?
3. None of us dream of being anxious & uncertain when it comes to money. In an ideal world, what would your attitude toward (not your amount of) money be? How do you wish you could interact with the resources you have? What do you hope you can use them to accomplish?
4. What sacrifice could you make to take a step from where you are now toward where you'd like to be?

Take the Next Step:

It is often difficult to ask for help in our financial lives, but so many of us continue to follow the same patterns & habits, hoping that something will change. It doesn't have to be this way. No matter where you are in your financial & spiritual life, there are resources available to help you take a step: ask a friend, call Cokesbury, or visit DaveRamsey.com to take a step today.