



WEEK 3

Discussion Guide

Introduction:

There are certain basic needs that are crucial to sustaining life: food, water, shelter, and of course oxygen. In this series, we will be talking about the basic components of a life lived following Jesus: basic needs that are *Oxygen* to our bodies and to our world. This week, we will focus on freedom.

Scripture:

John 8:31-32 - "You are truly my disciples if you remain faithful to my teachings. And you will know the truth, and the truth will set you free."

Galatians 5:1 - "So Christ has truly set us free. Now make sure that you stay free, and don't get tied up again in slavery to the law."

For More, Read & Discuss Galatians 5

Discussion Questions:

1. How do you define "freedom?"
2. In what way does our culture influence how you view freedom?
 - How does your faith influence how you view freedom?
3. In what ways are you free? In what ways do you feel enslaved?
4. What Next Step could you take in your faith that would lead you into more freedom?

Take the Next Step:

Still don't have a Next Step identified? Where are you stagnant right now? Where could you follow Jesus more closely? *Hint: Most of us don't need more knowledge, we need more obedience.*