



**I DOUBT
IT...**

WEEK 1

DISCUSSION GUIDE

Introduction:

This week, we are beginning a new series titled “I Doubt It...”. Each of us has probably experienced doubt at some point. In fact, regardless of where we find ourselves in our relationship with Jesus, we have probably each taken a turn doubting him. Everyone has struggled with doubt, but doubt doesn’t have to be our default. Doubt is driven by a lack of trust & trust begins when we make God a priority.

Scripture:

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.” -Proverbs 3:5-6

Discussion Questions:

1. Do you have an app, a piece of technology, or some appliance that you put a lot of trust in? Has it ever let you down?
2. Why do you think Proverbs 3 encourages us to “trust in the Lord” with all of our heart? Why isn’t some of our heart good enough?
3. If we have all experienced doubt, and doubt is rooted in a lack of trust, we must all have areas of our lives that we could do a better job of trusting God with. Stephen mentioned five specific areas of struggle this week: Career, Kids, Relationships, Our ‘Other’ Lives, and Money. Is there an area of your life that you could more completely trust God with?
4. Proverbs 3 makes a promise: that when we submit all of our ways to God, that he will “make our paths straight.” What do you think that really means? If our paths were straight, what obstacles or troubles do you think we could avoid?
5. Often times, we “turn something over to God” as a last resort, as a result of hopelessness or exasperation. If we are going to be totally submitted to Jesus, trust has to be more than a passing thought or a last resort, it has to be the priority, our first step. What would you have to give up to make trusting God the priority in your life?
6. Is what you would have to give up to be fully submitted to God worth the result of a straight path?

Take the Next Step:

Where could you use a straight path? This week, make some time to consciously trust Jesus with that situation, relationship, or struggle. Set the alarm a few minutes earlier, reclaim your commute, or repurpose your lunchtime; take a step to submit more & withhold less from Jesus. It’s not always easy, but it is always good, and he can always be trusted.