

# FREEDOM

## *Celebrating* **15 YEARS** discussion guide

### **Introduction:**

This week is the 15th Anniversary of our Recovery at Cokesbury. Recovery at Cokesbury is for people who are hurting from the inside out. It's for people who have demolished relationships, compulsive behaviors, who are alone, afraid, or are angry at God, or anything that causes us pain. Recovery at Cokesbury strives to help people from running, hiding or self-destructing from hurts, habits and hang-ups and run to Jesus. Jesus is our healer and Jesus gives us Freedom.

### **Scripture:**

John 10:10 - "The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life."

John 8:35-36 - "A slave is not a permanent member of the family, but a son is part of the family forever. So if the Son sets you free, you are truly free."

### **Discussion Questions:**

1. Share about a time that you experienced unbearable physical pain and how you handled that pain.
2. Read the two John scriptures above. What do you think these verses mean?
3. How are these two verses applicable to you today?
4. Are you experiencing "pain" in any area of your life now? How do you handle that "pain"?
5. Do you agree that Jesus' grace is sufficient for us and that Jesus can heal our pain and set us free? If so, how do you live this out?

### **Take the Next Step:**

If you have never been to a Recovery at Cokesbury service, we would like to encourage you to attend. You will never know if it can help you until you attend, and if not, there is probably someone you know that it could change their life. Here is the [Recovery at Cokesbury](#) website if you would like more information.