



COKESBURY CHURCH

DISCUSSION GUIDE

Introduction:

Today, we are taking a break from discussing the week's message to reflect. We are now halfway through the year! Time passes quickly and we can be so prone to drift that if we want to live intentional lives, we have to make opportunities for intentional reflection. Let's pause today to reflect and refocus on Jesus and the life he is calling us to live.

Scripture:

Hebrews 12:1-2 - "...let us run with endurance the race God has set before us. We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith."

For More, Read & Discuss Hebrews 12

Discussion Questions:

1. Reflect on the past six months. What has been the high point for you?
 - o The low point?
2. Who have you had an impact on so far this year?
 - o Who has impacted you?
3. Would you say you are closer to Jesus today than you were six months ago? Why?
4. When you began this year, did you have any hopes or goals for the year?
 - o What progress have you made on those?
5. How can you continue to strive after the goals you have set for yourself?
6. How can you make sure that six months from now, you are closer to Jesus than you are right now?

Take the Next Step:

Use your low points as springboards to growth, step out of your comfort zone, and run hard the race that God is setting before you; you're not running alone.