



CHASING

Happy

WEEK 4

DISCUSSION GUIDE

Introduction:

Everyone wants to be happy. We all, in one way or another, chase opportunities that we think will lead us to physical, financial, or social happiness. Often, even if we successfully catch what we are chasing after, once we experience it, we come to realize that it doesn't make us as happy as we expected; and so off we go, to find something else to chase. The truth is that only when we chase after Jesus and the life he calls us to will we be truly happy.

Scripture:

Philippians 4:6-7 - "Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus."

For More, Read & Discuss Philippians 4:2-9

Discussion Questions:

1. When have you experienced joy this week?
2. Do you ever find yourself wishing time away; looking toward that next step, that next season to make you happy?
 - Talk about a time when you finally reached that next season you had hoped for; did it bring lasting joy?
3. What have you asked God for recently?
 - How did you respond when he delivered?
4. What gifts from God do you most often take for granted?

Take the Next Step:

How are you using your life to thank, honor, and praise God for the change he has brought about in your life? How are you passing that gratitude on?